

Public Health Unit Metro South Health

Enquiries to:	Metro South Public Health Unit
Telephone:	3156 4000
Date:	5/09/2020

Residents of Russell Island Southern Moreton Bay

Information about COVID-19

As you may have heard, a person on Russell Island has been confirmed to have COVID-19. This is thought to be linked to a current cluster of cases on the mainland in the Wolston Park area.

This is no cause for alarm for residents or visitors to Russell Island or the neighbouring Southern Moreton Bay Islands. The Public Health Unit is contacting identified close contacts of the case directly.

A number of locations have been identified where the person with the disease has visited whilst unknowingly infectious. This does not reflect negatively on the person or these locations. An up-to-date list of these locations can be found on the Queensland Health contact tracing alert webpage: www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing

If you have been at those locations at the times indicated, you should not be alarmed, as the risk of catching the disease is low. It is important to be aware of the symptoms of COVID-19, which can include:

- Fever
- Cough
- Sore throat
- Runny nose

- Loss of taste or smell
- Tiredness and muscle aches
- Vomiting and/or diarrhoea
- Shortness of breath

If you become unwell with symptoms of COVID-19 as listed above, <u>isolate immediately and avoid contact</u> <u>with others</u>. You should arrange to consult a doctor or attend a fever clinic for urgent assessment and testing. Please call your doctor or advise the testing clinic staff that you have symptoms of COVID-19.

Where to get tested

If you have symptoms – no matter how mild – you can attend the below nearby locations for testing. ✓ No referral required ✓ No booking required ✓ Free service ✓ Testing available for all ages

Russell Island COVID-19 testing clinic

8am - 4pm every day until Wednesday 9 September 2020 (may be extended if required)

Russell Island Recreation Hall, Corner of High Street and Alison Crescent, Russell Island

Redland Hospital COVID-19 testing clinic 8am - 4pm, 7 days a week

Weippin St, Cleveland

You can find more testing locations on the Queensland Health website: www.qld.gov.au/covid19testing

If you have a smartphone, you can scan the QR code \rightarrow

Further information

For further information, please refer to the links below:

- Quarantine information: www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncovhealth-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/quarantine-forcoronavirus-covid-19
- **Testing and Fever clinics information**: www.qld.gov.au/health/conditions/healthalerts/coronavirus-covid-19/stay-informed/testing-and-fever-clinics
- **Community Recovery Hotline** for people who have no other means of support: 1800 173 349:
- **Multicultural resources regarding COVID-19**: www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/support-and-resources/translated-resources

If you have any questions, please speak to your doctor or contact 13HEALTH (13 43 25 84).

Yours sincerely,

Dr Kari Jarvinen Director and Public Health Physician Metro South Public Health Unit

